

## ON A LATTICE POINT PROBLEM OF L. MOSER. I

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We prove the following conjecture of L. Moser: Any convex region of area  $n$  can be placed so as to cover  $\cong n + f(n)$  lattice points, where  $f(n) \rightarrow \infty$ .

### 1. Introduction

In 1959 Leo Moser [6] raised the following problem.

"It is well known that any region  $A$  of area  $x$  can be placed so as to cover  $\cong x$  lattice points. Assume now that the region is convex. Can it be placed so as to cover  $\cong x + f(x)$  lattice points, where  $f(x) \rightarrow \infty$  as  $x \rightarrow \infty$ ?"

There is no analogue for translates of  $A$ : let  $Q$  be a square parallel to the coordinate axis with area  $(Q) = n^2 - 1$ ,  $n$  is an integer; then for all  $x \in \mathbb{R}^2$ ,  $\text{card}(Q+x) \cap \mathbb{Z}^2 \leq n^2$ . (Card stands for cardinality.) This formulation of the question is cited from W. Moser's problem collection [7].

Our object is to give an affirmative answer to this question.

**Theorem 1.1.** *There is a universal function  $f(x)$ ,  $f(x) \cong x^{1/9}$  for  $x \geq c_0$  ( $c_0$  is a positive absolute constant) such that any convex region  $A$  can be placed on the plane so as to cover  $\cong x + f(x)$  lattice points, where  $x = \text{area}(A)$ .*

**Remarks.** The same proof gives that one can also place  $A$  so as to cover  $\cong x - f(x)$  lattice points, where  $x = \text{area}(A)$ .

The particular case  $A = \text{circular disc}$  was earlier solved by M. M. Skrikanov [9] with  $f(x) = x^{1/6 - \epsilon}$  (note that Skrikanov dealt with arbitrary lattices in  $\mathbb{R}^2$ , not just the usual square lattice  $\mathbb{Z}^2$ ). He applied this "irregularity" type result to study the spectrum of the two-dimensional Schrödinger operator with periodic potential function.

In the proof we need a particular case of the following very deep theorem of W. M. Schmidt [8] in Diophantine Approximation: Suppose  $y_1, y_2, \dots, y_h$  are real algebraic numbers such that  $1, y_1, \dots, y_h$  are linearly independent over the rationals, and suppose  $c > 1$ . There are only finitely many positive integers  $q$  with

$$(1.1) \quad q^c \cdot \|y_1 \cdot q\| \cdot \|y_2 \cdot q\| \dots \|y_h \cdot q\| < 1$$

( $\|\xi\|$  stands for the distance from a real number  $\xi$  to the nearest integer).

Unfortunately, one can at present not give an upper bound  $B = B(y_1, y_2, \dots, y_h, c)$  for solutions  $q$  of (1.1). Hence, Schmidt's theorem is "ineffective". This is the reason that our threshold constant  $c_0$  is also "ineffective".

A straightforward modification of the proof yields the sharper lower bound  $f(x) \cong x^{1/8-\varepsilon}$  for  $x \cong c_0(\varepsilon)$ . We suspect that the true order of magnitude of  $f(x)$  is about  $x^{1/4}$ .

At present we are unable to generalize Theorem 1.1 in higher dimensions.

## 2. Deduction of Theorem 1.1 from Theorem 2.1

For any compact and convex region  $B \subset \mathbb{R}^2$ , let  $\Gamma(B)$ ,  $r(B)$ ,  $d(B)$  and  $l(B)$  denote the boundary arc of  $B$ , the radius of the largest inscribed circle of  $B$ , the diameter of  $B$  and the perimeter of  $B$ , respectively. Let  $\mu$  denote the usual area function (i.e., the two-dimensional Lebesgue measure).

In Theorem 1.1 we may assume that  $r(A) \cong \frac{1}{9}$ . Indeed, in the opposite case, using the following rough estimate (we shall prove it later)

$$(2.1) \quad d(A) \cdot r(A) \cong \frac{2}{9} \mu(A),$$

we obtain that  $d(A) \cong 2\mu(A)$ , and  $A$  can be placed so as to cover  $\cong d(A) \cong 2\mu(A)$  lattice points.

The verification of (2.1) goes as follows. By a classical theorem of W. Blaschke [3] (see also L. Fejes Tóth [4]) there is a triangle  $T \subset A$  such that  $\mu(T) \cong \mu(A) \cdot \frac{3}{2\pi} \sin\left(\frac{2\pi}{3}\right)$  (equality holds only for the ellipse). Thus we have  $3d(A) \cdot r(A) \cong l(T) \cdot r(T) = 2\mu(T) \cong 2\mu(A) \cdot \frac{3}{2\pi} \sin\left(\frac{2\pi}{3}\right) > \frac{2}{3} \mu(A)$ , and (2.1) follows.

For any bounded set  $S \subset \mathbb{R}^2$  and  $\mathbf{x} \in \mathbb{R}^2$ , let

$$(2.2) \quad g(S, \mathbf{x}) = \text{card}(S + \mathbf{x}) \cap \mathbb{Z}^2,$$

i.e., the number of lattice points covered by the translate  $S + \mathbf{x}$  of  $S$ . For any positive real number  $\varepsilon \in \left(0, \frac{1}{2}\right]$ , let

$$(2.3) \quad g(S, \mathbf{x}, \varepsilon) = \frac{1}{4\varepsilon^2} \int_{[-\varepsilon, \varepsilon]^2} g(S, \mathbf{x} + \mathbf{y}) \, d\mathbf{y}.$$

Note that  $g\left(S, \mathbf{x}, \frac{1}{2}\right) = \mu(S)$  if  $S$  is Lebesgue-measurable and  $\lim_{\varepsilon \rightarrow 0} g(S, \mathbf{x}, \varepsilon) = g(S, \mathbf{x})$  if there is no lattice point on the boundary of  $S + \mathbf{x}$ .

Given any angle  $\tau \in [0, 2\pi)$ , let  $\tau S$  denote the rotated image of  $S \subset \mathbb{R}^2$ . Let  $\mathcal{U}^2 = [0, 1]^2$ . We state

**Theorem 2.1.** *There exist an "ineffective" absolute constant  $c_0$  and an "effective" absolute constant  $c_1 > 0$  such that for any convex region  $A$  with  $\mu(A) \cong c_0$  and*

$r(A) \cong \frac{1}{9}$ , we have with  $\varepsilon_0 = (d(A))^{-(1/100)}$ ,

$$\frac{1}{2\pi} \int_0^{2\pi} \left( \int_{\mathbb{Q}^2} (g(\tau A, y, \varepsilon_0) - \mu(A))^2 dy \right) d\tau \cong c_1 \cdot (d(A))^{97/100}.$$

First we derive Theorem 1.1 from Theorem 2.1. Suppose that  $\mu(A) \cong c_0$  and  $r(A) \cong \frac{1}{9}$ . By Theorem 2.1 there exists  $\tau^* \in [0, 2\pi)$  such that

$$(2.4) \quad \int_{\mathbb{Q}^2} (g(\tau^* A, y, \varepsilon_0) - \mu(A))^2 dy \cong c_1 \cdot (d(A))^{97/100}.$$

Now the simple idea is as follows. We first show that the  $\mathcal{U}^2$ -periodic function  $g(\tau^* A, y, \varepsilon_0)$ ,  $y \in \mathbb{R}^2$  varies rather slowly, i.e. the ratio

$$\frac{g(\tau^* A, y, \varepsilon_0) - g(\tau^* A, z, \varepsilon_0)}{|y - z|}$$

is not too large (note that this is the very reason for studying the auxiliary function  $g(\tau^* A, y, \varepsilon_0)$  instead of the original function  $g(\tau^* A, y)$ ). Using this property of  $g(\tau^* A, y, \varepsilon_0)$  we will be able to obtain a nontrivial one-sided bound from the  $L^2$ -norm estimate (2.4).

For convenience write  $A^* = \tau^* A$  and  $\mathcal{U}(\mathbf{n}, \varepsilon) = [-\varepsilon, \varepsilon]^2 + \mathbf{n}$ ,  $\mathbf{n} \in \mathbb{Z}^2$ . Our starting point is the following obvious identity

$$(2.5) \quad g(A^*, y, \varepsilon_0) = \frac{1}{4\varepsilon_0^2} \sum_{\mathbf{n} \in \mathbb{Z}^2} \mu((A^* + y) \cap \mathcal{U}(\mathbf{n}, \varepsilon_0)).$$

From (2.5) it follows that for any pair  $y, z \in \mathbb{R}^2$ ,

$$(2.6) \quad g(A^*, y, \varepsilon_0) - g(A^*, z, \varepsilon_0) = \frac{1}{4\varepsilon_0^2} \sum^* (\mu((A^* + y) \cap \mathcal{U}(\mathbf{n}, \varepsilon_0)) - \mu((A^* + z) \cap \mathcal{U}(\mathbf{n}, \varepsilon_0)))$$

where the summation  $\sum^*$  is taken over all  $\mathbf{n} \in \mathbb{Z}^2$  such that

$$(2.7) \quad \mathcal{U}(\mathbf{n}, \varepsilon_0) \cap (\Gamma(A^* + y) \cup \Gamma(A^* + z)) \neq \emptyset.$$

We have for any  $y \in \mathbb{R}^2$ ,

$$(2.8) \quad \text{card} \{ \mathbf{n} \in \mathbb{Z}^2 : \mathcal{U}(\mathbf{n}, \varepsilon_0) \cap \Gamma(A^* + y) \neq \emptyset \} < 4(d(A^*) + 1) = 4(d(A) + 1).$$

Moreover, for any pair  $y, z \in \mathbb{R}^2$ ,

$$(2.9) \quad |\mu((A^* + y) \cap \mathcal{U}(\mathbf{n}, \varepsilon_0)) - \mu((A^* + z) \cap \mathcal{U}(\mathbf{n}, \varepsilon_0))| \leq 4\varepsilon_0 \cdot |y - z|,$$

where  $|y - z| = ((y_1 - z_1)^2 + (y_2 - z_2)^2)^{1/2}$  stands for the Euclidean distance of  $y$  and  $z$ . From (2.6)–(2.9) it follows that

$$(2.10) \quad |g(A^*, y, \varepsilon_0) - g(A^*, z, \varepsilon_0)| < \frac{8(d(A) + 1)|y - z|}{\varepsilon_0}.$$

By (2.5) we have that  $g(A^*, y, \varepsilon_c)$ ,  $y \in \mathbb{R}^2$  is  $\mathcal{U}^2$ -periodic and

$$(2.11) \quad \int_{\mathcal{U}^2} g(A^*, y, \varepsilon_0) dy = \mu(A).$$

Let

$$(2.12) \quad h(y) = g(A^*, y, \varepsilon_0) - \mu(A), \quad y \in \mathcal{U}^2.$$

Note that the function  $h(y)$ ,  $y \in \mathcal{U}^2$  is continuous. Let

$$M = \max_{y \in \mathcal{U}^2} h(y) \quad \text{and} \quad -m = \min_{y \in \mathcal{U}^2} h(y).$$

Observe that

$$(2.13) \quad \max_{y \in \mathcal{U}^2} \text{card}(A^* + y) \cap \mathbb{Z}^2 = \max_{y \in \mathcal{U}^2} g(A^*, y) \cong \max_{y \in \mathcal{U}^2} g(A^*, y, \varepsilon_0) = \mu(A) + M.$$

By (2.11) and (2.12),  $M \geq 0 \geq -m$ , and by (2.4),  $M > 0 > -m$ . Let  $m_k = 2^{-(k-1)} \cdot m$  ( $k=1, 2, 3, \dots$ ) (so  $m_1 = m$ ) and  $\mu_k = \mu \left\{ y \in \mathcal{U}^2 : -\frac{m_k}{2} > h(y) \geq -m_k \right\}$ . For later purpose we mention here the following consequence of (2.11),

$$(2.14) \quad M \cong \int_{\substack{y: \\ h(y) > 0}} h(y) dy = - \int_{\substack{y: \\ h(y) < 0}} h(y) dy \cong \sum_{k=1}^{\infty} \mu_k \cdot \frac{m_k}{2}.$$

By (2.4) we have

$$(2.15) \quad M^2 + \sum_{k=1}^{\infty} \mu_k \cdot m_k^2 \cong \int_{\mathcal{U}^2} h^2(y) dy \cong c_1 \cdot (d(A))^{97/100}.$$

If  $M^2 \geq \frac{c_1}{2} (d(A))^{97/100}$ , then we are immediately done. Indeed, by (2.13) we have

$$\max_{y \in \mathcal{U}^2} \text{card}(A^* + y) \cap \mathbb{Z}^2 \cong \mu(A) + \left( \frac{c_1}{2} (d(A))^{97/100} \right)^{1/2} \cong \mu(A) + c_2 \cdot (\mu(A))^{97/400},$$

and Theorem 1.1 is "over-fulfilled" (throughout  $c_1, c_2, c_3, \dots$  are "effective" positive absolute constants). Thus we may assume that (see (2.15))

$$\sum_{k=1}^{\infty} \mu_k \cdot m_k^2 \cong \frac{c_1}{2} \cdot (d(A))^{97/100}.$$

One can therefore find constants  $\alpha_k \geq 0$ ,  $k=1, 2, 3, \dots$  such that  $\sum_{k=1}^{\infty} \alpha_k = 1$  and

$$(2.16) \quad \mu_k \cdot m_k^2 \cong \alpha_k \frac{c_1}{2} (d(A))^{97/100} \quad \text{for all } k \geq 1.$$

From (2.10) it follows that the set  $\{y \in \mathbb{R}^2 : -m_k/2 > h(y) \geq -m_k\}$  contains a circular disc  $C(q, c)$  of radius

$$q = q_k = \frac{\varepsilon_0 \cdot m_k}{32(d(A) + 1)}$$

and centre  $\mathbf{c} = \mathbf{c}_k \in \mathbb{R}^2$  such that  $h(\mathbf{c}) = -\frac{3}{4}m_k$ . Since  $m_k \leq m < l(A) < 4d(A)$ , we have that  $\varrho_k < \frac{1}{2}$  and therefore

$$(2.17) \quad \mu_k = \mu \left\{ y \in \mathcal{W}^2: -\frac{m_k}{2} > h(y) \geq -m_k \right\} \cong \varrho_k^2 \cdot \pi \cong c_3 \cdot \frac{\varepsilon_0^2 \cdot m_k^2}{(d(A))^2}.$$

By (2.16) and (2.17) we obtain that  $\mu_k \cdot m_k \cong \max \{a_k, b_k\}$  where

$$a_k = \frac{\alpha_k \cdot \frac{c_1}{2} \cdot (d(A))^{97/100}}{m_k} \quad \text{and} \quad b_k = c_3 \cdot \frac{\varepsilon_0^2 \cdot m_k^3}{(d(A))^2}.$$

Hence

$$(2.18) \quad \mu_k \cdot m_k \cong \max \{a_k, b_k\} \cong (a_k^2 b_k)^{1/4} = c_4 \cdot \varepsilon_0^{1/2} \cdot \alpha_k^{3/4} \cdot (d(A))^{91/400}.$$

By (2.13), (2.14) and (2.18) we have

$$\begin{aligned} \max_{y \in \mathcal{W}^2} (\text{card}(A^* + y) \cap \mathbb{Z}^2 - \mu(A)) &\cong M \cong \frac{1}{2} \sum_{k=1}^{\infty} \mu_k \cdot m_k \cong \\ &\cong \frac{1}{2} c_4 \cdot \varepsilon_0^{1/2} \cdot (d(A))^{91/400} \left( \sum_{k=1}^{\infty} \alpha_k^{3/4} \right) \cong \frac{1}{2} c_4 \cdot \varepsilon_0^{1/2} \cdot (d(A))^{91/400} \cdot \left( \sum_{k=1}^{\infty} \alpha_k \right) = \\ &= \frac{1}{2} c_4 \cdot \varepsilon_0^{1/2} \cdot (d(A))^{91/400}. \end{aligned}$$

Since  $\varepsilon_0 = (d(A))^{-1/100}$ , we conclude that  $\frac{1}{2} c_4 \cdot \varepsilon_0^{1/2} \cdot (d(A))^{91/400} \cong c_5 \cdot (\mu(A))^{89/800} \cong (\mu(A))^{1/9}$  if  $\mu(A)$  is sufficiently large. Theorem 1.1 follows. ■

### 3. Proof of Theorem 2.1—Part 1

Throughout we require  $\mu(A)$  to be “sufficiently large” (i.e., bigger than a large absolute constant). Since  $d(A) \cong (\mu(A))^{1/2}$ , it follows that  $d(A)$  is also “sufficiently large”. Without loss of generality we can assume that the inscribed circle of  $A$  is centered at the origin  $\mathbf{0} \in \mathbb{R}^2$ . Let  $\chi_\tau$  denote the characteristic function of the (rotated) region  $\tau A$ , i.e.,

$$\chi_\tau(\mathbf{x}) = \begin{cases} 1, & \text{if } \mathbf{x} \in \tau A \\ 0, & \text{if } \mathbf{x} \notin \tau A. \end{cases}$$

Let  $N = N(d(A)) \geq 2$  be a large integer depending only on the diameter of  $A$  ( $N$  will be specified later). For notational convenience write  $Q(N) = \left[-N - \frac{1}{2}, N + \frac{1}{2}\right]^2$ . Let  $\mu_0$  denote the restriction of the usual area  $\mu$  to the square  $Q(N)$ , i.e.,  $\mu_0(S) = \mu(S \cap Q(N)) = \text{area} \left( S \cap \left[-N - \frac{1}{2}, N + \frac{1}{2}\right]^2 \right)$ , where

$S$  is an arbitrary Lebesgue measurable set. We recall:  $\mathcal{U}(\mathbf{n}, \varepsilon) = [-\varepsilon, \varepsilon]^2 + \mathbf{n}$ ,  $\mathbf{n} \in \mathbb{Z}^2$ . For any  $\varepsilon \in \left(0, \frac{1}{2}\right]$ , let  $\lambda_\varepsilon$  denote the following measure:

$$\lambda_\varepsilon(S) = \frac{1}{4\varepsilon^2} \sum_{\mathbf{n} \in \mathbb{Z}^2 \cap Q(N)} \mu(S \cap \mathcal{U}(\mathbf{n}, \varepsilon))$$

for all Lebesgue measurable sets  $S \subset \mathbb{R}^2$ . Note that  $\lambda_{1/2} = \mu_0$ . Let

$$(3.1) \quad F_{\tau, \varepsilon} = \chi_\tau * (d\lambda_\varepsilon - d\mu_0)$$

where  $*$  denotes the *convolution* operation. More explicitly,

$$(3.2) \quad F_{\tau, \varepsilon}(\mathbf{x}) = \int_{\mathbb{R}^2} \chi_\tau(\mathbf{x} - \mathbf{y}) (d\lambda_\varepsilon(\mathbf{y}) - d\mu_0(\mathbf{y})) = \lambda_\varepsilon(\tau A + \mathbf{x}) - \mu_0(\tau A + \mathbf{x}).$$

Observe that

$$(3.3) \quad F_{\tau, \varepsilon}(\mathbf{x}) = g(\tau A, \mathbf{x}, \varepsilon) - \mu(A) \quad \text{if } \tau A + \mathbf{x} \subset Q(N) \quad \text{and}$$

$$(3.4) \quad F_{\tau, \varepsilon}(\mathbf{x}) = 0 \quad \text{if } \tau A + \mathbf{x} \subset \mathbb{R}^2 \setminus Q(N).$$

The basic idea of the proof is to utilize Fourier Analysis. We recall some facts from this theory. Given any  $F \in L^2(\mathbb{R}^2)$ , the expression

$$\hat{F}(\mathbf{t}) = \frac{1}{2\pi} \int_{\mathbb{R}^2} e^{-i\mathbf{x} \cdot \mathbf{t}} \cdot F(\mathbf{x}) d\mathbf{x}$$

defines the *Fourier transform* of  $F$  (note that  $i = \sqrt{-1}$  and  $\mathbf{x} \cdot \mathbf{t} = x_1 \cdot t_1 + x_2 \cdot t_2$  is the usual inner product). It is well known that  $(F, G \in L^2(\mathbb{R}^2))$ ,

$$(3.5) \quad \widehat{F * G} = \hat{F} \cdot \hat{G} \quad (* \text{ is the convolution operation) and}$$

$$(3.6) \quad \int_{\mathbb{R}^2} |F(\mathbf{x})|^2 d\mathbf{x} = \int_{\mathbb{R}^2} |\hat{F}(\mathbf{t})|^2 d\mathbf{t} \quad (\text{Plancherel identity}).$$

Now by (3.1), (3.5) and (3.6) we have the following key formula

$$(3.7) \quad \begin{aligned} \int_0^{2\pi} \int_{\mathbb{R}^2} (F_{\tau, \varepsilon}(\mathbf{x}))^2 d\mathbf{x} d\tau &= \int_0^{2\pi} \int_{\mathbb{R}^2} |\hat{F}_{\tau, \varepsilon}(\mathbf{t})|^2 d\mathbf{t} d\tau = \\ &= \int_{\mathbb{R}^2} \left( \int_0^{2\pi} |\hat{\chi}_\tau(\mathbf{t})|^2 d\tau \right) \cdot |(d\hat{\lambda}_\varepsilon - d\hat{\mu}_0)(\mathbf{t})|^2 d\mathbf{t}. \end{aligned}$$

First we study the second factor in the right-hand side of (3.7). We have with  $\mathbf{t} = (t_1, t_2)$ ,

$$\begin{aligned} (d\hat{\lambda}_\varepsilon - d\hat{\mu}_0)(\mathbf{t}) &= \frac{1}{2\pi} \int_{\mathbb{R}^2} e^{-i\mathbf{x} \cdot \mathbf{t}} d\lambda_\varepsilon(\mathbf{x}) - \frac{1}{2\pi} \int_{\mathbb{R}^2} e^{-i\mathbf{x} \cdot \mathbf{t}} d\mu_0(\mathbf{x}) = \\ &= \frac{1}{2\pi} \left( \sum_{n_1=-N}^N \frac{1}{2\varepsilon} \int_{n_1-\varepsilon}^{n_1+\varepsilon} e^{-ix_1 \cdot t_1} dx_1 \right) \left( \sum_{n_2=N}^N \frac{1}{2\varepsilon} \int_{n_2-\varepsilon}^{n_2+\varepsilon} e^{-ix_2 \cdot t_2} dx_2 \right) - \end{aligned}$$

$$\begin{aligned}
& -\frac{1}{2\pi} \left( \sum_{n_1=-N}^N \int_{n_1-1/2}^{n_1+1/2} e^{-ix_1 \cdot t_1} dx_1 \right) \left( \sum_{n_2=-N}^N \int_{n_2-1/2}^{n_2+1/2} e^{-ix_2 \cdot t_2} dx_2 \right) = \\
& = \frac{1}{2\pi} \left( \sum_{n_1=-N}^N \frac{2 \sin(\varepsilon \cdot t_1)}{2\varepsilon \cdot t_1} \cdot e^{-in_1 \cdot t_1} \right) \left( \sum_{n_2=-N}^N \frac{2 \sin(\varepsilon \cdot t_2)}{2\varepsilon \cdot t_2} \cdot e^{-in_2 \cdot t_2} \right) \dots \\
& \quad - \left( \sum_{n_1=-N}^N \frac{2 \sin\left(\frac{t_1}{2}\right)}{t_1} \cdot e^{-in_1 \cdot t_1} \right) \left( \sum_{n_2=-N}^N \frac{2 \sin\left(\frac{t_2}{2}\right)}{t_2} \cdot e^{-in_2 \cdot t_2} \right).
\end{aligned}$$

Thus we have

$$\begin{aligned}
& (d\hat{\lambda}_\varepsilon - d\mu_0)(t) = \\
& = \frac{1}{2\pi} \left( \frac{\sin(\varepsilon t_1) \cdot \sin(\varepsilon t_2)}{\varepsilon t_1 \cdot \varepsilon t_2} - \frac{2 \sin\left(\frac{t_1}{2}\right) \cdot 2 \sin\left(\frac{t_2}{2}\right)}{t_1 \cdot t_2} \right) \cdot \left( \sum_{n_1=-N}^N e^{-in_1 \cdot t_1} \right) \left( \sum_{n_2=-N}^N e^{-in_2 \cdot t_2} \right) = \\
& = \frac{1}{2\pi} \left( \frac{\sin(\varepsilon t_1) \sin(\varepsilon t_2)}{\varepsilon t_1 \varepsilon t_2} - \frac{\sin\left(\frac{t_1}{2}\right) \sin\left(\frac{t_2}{2}\right)}{\frac{t_1}{2} \cdot \frac{t_2}{2}} \right) \frac{\sin\left(\left(N + \frac{1}{2}\right) t_1\right)}{\sin\left(\frac{t_1}{2}\right)} \cdot \frac{\sin\left(\left(N + \frac{1}{2}\right) t_2\right)}{\sin\left(\frac{t_2}{2}\right)}.
\end{aligned}$$

We shall denote the distance from the real number  $\xi$  to the nearest integer by  $\|\xi\|$ . Suppose that  $|t_1| \geq \pi$ ,  $|t_2| \geq \pi$ ,  $\left\| \frac{t_1}{2\pi} \right\| \leq \frac{1}{4N+2}$  and  $\left\| \frac{t_2}{2\pi} \right\| \leq \frac{1}{4N+2}$ . Let  $\frac{t_1}{2\pi} = n \pm \left\| \frac{t_1}{2\pi} \right\|$ , where  $n$  is an integer. Using the trivial inequality  $1 \geq \frac{\sin x}{x} \geq \frac{2}{\pi}$  for  $|x| \leq \frac{\pi}{2}$ , we get

$$\begin{aligned}
& \frac{\sin\left(\left(N + \frac{1}{2}\right) t_1\right)}{\sin\left(\frac{t_1}{2}\right)} = \frac{\sin\left(\left(N + \frac{1}{2}\right) 2\pi \left(n \pm \left\| \frac{t_1}{2\pi} \right\|\right)\right)}{\sin\left(\pi \left(n \pm \left\| \frac{t_1}{2\pi} \right\|\right)\right)} = \\
& = \frac{\sin\left(\pi \cdot n \pm \pi(2N+1) \left\| \frac{t_1}{2\pi} \right\|\right)}{\sin\left(\pi \cdot n \pm \pi \left\| \frac{t_1}{2\pi} \right\|\right)} = \frac{\sin\left(\pi(2N+1) \left\| \frac{t_1}{2\pi} \right\|\right)}{\sin\left(\pi \left\| \frac{t_1}{2\pi} \right\|\right)} \geq \\
& \geq \frac{2}{\pi} \frac{\pi(2N+1) \left\| \frac{t_1}{2\pi} \right\|}{\sin\left(\pi \left\| \frac{t_1}{2\pi} \right\|\right)} \geq \frac{2}{\pi} \frac{\pi(2N+1) \left\| \frac{t_1}{2\pi} \right\|}{\left\| \frac{t_1}{2\pi} \right\|} = \frac{2}{\pi} (2N+1) > N.
\end{aligned}$$

Therefore,

$$\frac{\sin\left(\left(N+\frac{1}{2}\right)t_1\right) \cdot \sin\left(\left(N+\frac{1}{2}\right)t_2\right)}{\sin\left(\frac{t_1}{2}\right) \cdot \sin\left(\frac{t_2}{2}\right)} > N^2.$$

Suppose further that  $|\varepsilon \cdot t_1| \leq \frac{\pi}{2}$ ,  $|\varepsilon \cdot t_2| \leq \frac{\pi}{2}$  and  $N \geq 2$ . Then

$$\begin{aligned} & \frac{\sin(\varepsilon \cdot t_1)}{\varepsilon \cdot t_1} \cdot \frac{\sin(\varepsilon \cdot t_2)}{\varepsilon \cdot t_2} = \frac{\sin\left(\frac{t_1}{2}\right)}{\frac{t_1}{2}} \cdot \frac{\sin\left(\frac{t_2}{2}\right)}{\frac{t_2}{2}} \equiv \\ & \equiv \left( \frac{\sin(\varepsilon t_1)}{\varepsilon t_1} - \frac{\sin\left(\frac{t_1}{2}\right)}{\frac{t_1}{2}} \right) \cdot \frac{\sin(\varepsilon t_2)}{\varepsilon t_2} \equiv \\ & \equiv \left( \frac{2}{\pi} - \frac{\sin\left(\pi \left\| \frac{t_1}{2\pi} \right\| \right)}{\frac{t_1}{2}} \right) \cdot \frac{2}{\pi} \equiv \left( \frac{2}{\pi} - \frac{\sin\left(\frac{\pi}{4N+2}\right)}{\frac{\pi}{2}} \right) \cdot \frac{2}{\pi} \equiv \\ & \equiv \left( \frac{2}{\pi} - \frac{\frac{\pi}{4N+2}}{\frac{\pi}{2}} \right) \cdot \frac{2}{\pi} = \left( \frac{2}{\pi} - \frac{1}{2N+1} \right) \cdot \frac{2}{\pi} > \frac{1}{10}. \end{aligned}$$

Summarizing, we conclude that

$$(3.8) \quad |(\hat{d}\hat{\lambda}_\varepsilon - d\hat{\mu}_0)(t)| = c_\delta \cdot N^2 \quad \text{whenever}$$

$$|t_1 - 2\pi k| + |t_2 - 2\pi l| \leq \frac{\pi}{2N+1} \quad \text{for some integers } k, l \in \left[1, \frac{1}{5\varepsilon}\right].$$

Next we investigate the first factor  $\int_0^{2\pi} |\hat{\lambda}_\tau(t)|^2 d\tau$  in the right-hand side of (3.7). Using the trivial identities  $\hat{\lambda}_\tau(t) = \hat{\chi}_A(\tau^{-1}t)$  and  $\hat{\chi}_{A+v}(t) = e^{-it' \cdot v} \cdot \hat{\chi}_A(t)$ ,  $v \in \mathbb{R}^2$ , where  $\chi_A$  and  $\chi_{A+v}$  denote the characteristic function of the given convex region  $A$  and its translate  $A+v$ , resp., we obtain that

$$(3.9) \quad \int_0^{2\pi} |\hat{\lambda}_\tau(t)|^2 d\tau = \int_0^{2\pi} \left( \frac{1}{\pi} \int_{|v| \leq 1} |\hat{\chi}_{A+v}(\tau^{-1}t)|^2 dv \right) d\tau$$



where  $\{v: |v| \leq 1\} = \{v = (v_1, v_2): v_1^2 + v_2^2 \leq 1\}$  is the unit disc. For any  $\beta \in [0, 2\pi)$ , write  $e(\beta) = (\cos \beta, \sin \beta)$ . Let  $h_{A+v}(\beta, y)$  be the Euclidean length of the chord  $\{y \in A+v: y \cdot e(\beta) = y\}$ . We say that  $h_{A+v}(\beta, y)$ ,  $\beta \in [0, 2\pi)$ ,  $y \in \mathbb{R}$  is the *chord function* of  $A+v$ . Let  $s = s \cdot e(\beta)$ ,  $s \in \mathbb{R}$ . We then have

$$(3.10) \quad \hat{\lambda}_{A+v}(s) = \frac{1}{2\pi} \int_{A+v} e^{-ix \cdot s} dx = \frac{1}{2\pi} \int_{-\infty}^{\infty} e^{-ixs} \cdot h_{A+v}(\beta, x) dx = \frac{1}{2\pi} H_{\beta, v}(s)$$

where  $H_{\beta, v}(s) = \int_{-\infty}^{\infty} e^{-ixs} \cdot h_{A+v}(\beta, x) dx$ . Returning to (3.9), by (3.10) we have

$$(3.11) \quad \int_0^{2\pi} |\hat{\lambda}_\tau(t)|^2 d\tau = \int_0^{2\pi} \left( \frac{1}{\pi} \int_{|v| \leq 1} |\hat{\lambda}_{A+v}(\tau^{-1}t)|^2 dv \right) d\tau = \int_0^{2\pi} \frac{1}{(2\pi)^2} \int_{|v| \leq 1} (H_{\beta, v}(|t|))^2 dv d\beta.$$

Now let  $E = \left[ \frac{1}{5\epsilon} \right]$  (integral part), and for all integers  $k, l \in [1, E]$ , write  $T(k, l) = \left\{ t = (t_1, t_2): |t_1 - 2\pi k| + |t_2 - 2\pi l| \leq \frac{\pi}{2N+1} \right\}$  and  $P(k, l) = 2\pi \cdot (k^2 + l^2)^{1/2}$ . By (3.7), (3.8) and (3.11) we obtain that

$$(3.12) \quad \begin{aligned} & \int_0^{2\pi} \int_{\mathbb{R}^2} F_{\tau, \epsilon}^2(x) dx d\tau \cong \\ & \cong \sum_{k=1}^E \sum_{l=1}^E \int_{T(k, l)} |(d\hat{\lambda}_\epsilon - d\hat{\rho}_0)(t)|^2 \cdot \left( \int_0^{2\pi} |\hat{\lambda}_\tau(t)|^2 d\tau \right) dt \cong \\ & \cong (c_6 \cdot N^2)^2 \cdot \sum_{k=1}^E \sum_{l=1}^E \int_{T(k, l)} \int_0^{2\pi} |\hat{\lambda}_\tau(t)|^2 d\tau dt \cong \\ & \cong c_7 \cdot N^4 \cdot \sum_{k=1}^E \sum_{l=1}^E \int_{T(k, l)} \int_0^{2\pi} \int_{|v| \leq 1} (H_{\beta, v}(|t|))^2 dv d\beta dt \cong \\ & \cong c_8 \cdot N^3 \cdot \sum_{k=1}^E \sum_{l=1}^E \int_{P(k, l)-1/N}^{P(k, l)+1/N} \int_0^{2\pi} \int_{|v| \leq 1} H_{\beta, v}^2(s) dv d\beta ds. \end{aligned}$$

Let  $M_{\beta, v}^+ = \sup \{x \in \mathbb{R}: h_{A+v}(\beta, x) > 0\}$  and  $M_{\beta, v}^- = \inf \{x \in \mathbb{R}: h_{A+v}(\beta, x) > 0\}$ . Clearly  $D_\beta = (M_{\beta, v}^+ - M_{\beta, v}^-)$  is the length of the projection of  $A$  onto a straight line parallel to the unit vector  $e(\beta)$ . Since

$$H_{\beta, v}(s) = \int_{M_{\beta, v}^-}^{M_{\beta, v}^+} e^{-ixs} \cdot h_{A+v}(\beta, x) dx = \int_{M_{\beta, v}^-}^{M_{\beta, v}^+} (\cos(xs) - i \cdot \sin(xs)) \cdot h_{A+v}(\beta, x) dx,$$

we have

$$(3.13) \quad |H_{\beta, \nu}(s)| \cong \left| \int_{M_{\beta, \nu}^-}^{M_{\beta, \nu}^+} \cos(xs) \cdot h_{A+\nu}(\beta, x) dx \right|.$$

It suffices to prove Theorem 2.1 for convex regions with analytic boundary arc. Indeed, given any convex region  $A$  one can find an inscribed convex region  $A' \subset A$  such that  $\Gamma(A')$  is an analytic curve and  $\mu(A \setminus A') \leq 1$ . Thus we can assume that  $\Gamma(A)$  is sufficiently smooth. We have

$$\int_{M_{\beta, \nu}^-}^{M_{\beta, \nu}^+} \cos(xs) \cdot h_{A+\nu}(\beta, x) dx = - \int_{M_{\beta, \nu}^-}^{M_{\beta, \nu}^+} \frac{\sin(xs)}{s} \cdot \frac{\partial h_{A+\nu}(\beta, x)}{\partial x} dx,$$

and so by (3.13),

$$(3.14) \quad |H_{\beta, \nu}(s)| \cong \left| \int_{M_{\beta, \nu}^-}^{M_{\beta, \nu}^+} \frac{\sin(xs)}{s} \cdot \frac{\partial h_{A+\nu}(\beta, x)}{\partial x} dx \right|.$$

For later purpose we note that the partial derivative

$$\frac{\partial h_{A+\nu}(\beta, x)}{\partial x}$$

is monotonically decreasing in the interval  $M_{\beta, \nu}^- < x < M_{\beta, \nu}^+$ .

Let  $\varepsilon = \varepsilon_0 = (d(A))^{-(1/100)}$ . Let  $\eta \in (0, \frac{1}{100})$ . The parameter  $\eta$  will be specified later as a sufficiently small positive absolute constant. Let  $\{\xi\}$  denote the fractional part of the real number  $\xi$ , i.e.,  $\xi = [\xi] + \{\xi\}$ .

For any  $\beta \in [0, 2\pi)$ , write  $V(\beta) = V_\eta(\beta) = \{\nu \in \mathbb{R}^2: |\nu| \leq 1 \text{ and one can find positive integers } k=k(\beta, \nu), l=l(\beta, \nu) \text{ such that}$

$$(3.15) \quad \frac{1}{10\varepsilon_0} \cong (k^2 + l^2)^{1/2} \cong \frac{1}{5\varepsilon_0}, \text{ and furthermore,}$$

$$(3.16) \quad \|(k^2 + l^2)^{1/2} \cdot M_{\beta, \nu}^-\| \cong 3\eta \text{ and } \eta \cong \{(k^2 + l^2)^{1/2} M_{\beta, \nu}^+\} \cong 2\eta\}.$$

For any  $\beta \in [0, 2\pi)$  and  $\nu \in V(\beta)$ , let  $k_0(\beta, \nu)$  and  $l_0(\beta, \nu)$  denote integers  $k$  and  $l$  satisfying relations (3.15) and (3.16). Moreover, let  $m_0^-(\beta, \nu)$  and  $m_0^+(\beta, \nu)$  be integers satisfying

$$(3.17) \quad |(k_0^2(\beta, \nu) + l_0^2(\beta, \nu))^{1/2} \cdot M_{\beta, \nu}^- - m_0^-(\beta, \nu)| \cong 3 \cdot \eta \text{ and}$$

$$(3.18) \quad \eta \cong (k_0^2(\beta, \nu) + l_0^2(\beta, \nu))^{1/2} \cdot M_{\beta, \nu}^+ - m_0^+(\beta, \nu) \cong 2\eta.$$

Let  $P(k, l) = 2\pi \cdot (k^2 + l^2)^{1/2}$  and  $P(k_0, l_0) = 2\pi(k_0^2(\beta, \mathbf{v}) + l_0^2(\beta, \mathbf{v}))^{1/2}$ . By (3.12) and (3.14) we have

$$\begin{aligned}
 (3.19) \quad & \int_0^{2\pi} \int_{\mathbb{R}^2} F_{\tau, \varepsilon_0}^2(\mathbf{x}) \, d\mathbf{x} \, d\tau \cong \\
 & \cong c_8 \cdot N^3 \cdot \sum_{k=1}^E \sum_{l=1}^E \int_{P(k, l)-1/N}^{P(k, l)+1/N} \int_0^{2\pi} \int_{|\mathbf{v}| \leq 1} H_{\beta, \mathbf{v}}^2(s) \, d\mathbf{v} \, d\beta \, ds \cong \\
 & \cong c_8 \cdot N^3 \cdot \int_0^{2\pi} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \int_{M_{\beta, \mathbf{v}}^-}^{M_{\beta, \mathbf{v}}^+} \frac{\sin(xs)}{s} \cdot \frac{\partial h_{A+\mathbf{v}}(\beta, \mathbf{x})}{\partial x} \, dx \right)^2 ds \, d\mathbf{v} \, d\beta.
 \end{aligned}$$

In the rest of the proof we shall give a lower bound to the right-hand side of (3.19).

Let  $\beta \in [0, 2\pi)$  and  $\mathbf{v} \in \mathbb{R}^2$ ,  $|\mathbf{v}| \leq 1$  be arbitrary but fixed. For notational convenience, write  $M^- = M_{\beta, \mathbf{v}}^-$ ,  $M^+ = M_{\beta, \mathbf{v}}^+$ ,  $k_0 = k_0(\beta, \mathbf{v})$ ,  $l_0 = l_0(\beta, \mathbf{v})$ ,  $P(k_0, l_0) = 2\pi(k_0^2(\beta, \mathbf{v}) + l_0^2(\beta, \mathbf{v}))^{1/2}$ ,  $m_0^- = m_0^-(\beta, \mathbf{v})$ ,  $m_0^+ = m_0^+(\beta, \mathbf{v})$  and  $h(x) = h_{A+\mathbf{v}}(\beta, x)$ . Let  $s \in \left[ P(k_0, l_0) - \frac{1}{N}, P(k_0, l_0) + \frac{1}{N} \right]$ . Then by (3.17) we have

$$\begin{aligned}
 (3.20) \quad & |s \cdot M^- - 2\pi m_0^-| \cong \\
 & \cong |s \cdot M^- - P(k_0, l_0) \cdot M^-| + |P(k_0, l_0) M^- - 2\pi m_0^-| \cong \frac{|M^-|}{N} + 2\pi \cdot 3\eta.
 \end{aligned}$$

Since the inscribed circle of  $A$  is centered at the origin  $0 \in \mathbb{R}^2$ , we have  $|M^-| = |M_{\beta, \mathbf{v}}^-| = |M_{\beta, 0}^- + \mathbf{e}(\beta) \cdot \mathbf{v}| \leq d(A) + 1$ . Thus by (3.20),

$$(3.21) \quad |s \cdot M^- - 2\pi m_0^-| \cong 6\pi\eta + \frac{d(A) + 1}{N} < 20\eta \quad \text{provided}$$

$$(3.22) \quad N \cong \frac{d(A) + 1}{\eta}.$$

Similarly, by (3.18),

$$(3.23) \quad 0 < 2\pi\eta - \eta \cong s \cdot M^+ - 2\pi m_0^+ \cong 4\pi\eta + \eta < 14\eta \quad \text{provided (3.22) holds.}$$

Let  $0 < \gamma < \delta$  be real numbers with

$$(3.24) \quad \frac{40\eta}{s} < \gamma < \delta < \frac{\frac{\pi}{2} - 20\eta}{s}$$

(the exact values of  $\gamma$  and  $\delta$  will be specified later). We define a partition  $[M^-, M^+] =$

$= \bigcup_{j=1}^7 I_j$  as follows. Let

$$I_1 = I_1(\beta, \mathbf{v}) = [M^-, M^- + \gamma]$$

$$I_2 = I_2(\beta, \mathbf{v}) = [M^- + \gamma, M^- + \delta]$$

$$I_3 = I_3(\beta, \mathbf{v}, s) = \left[ M^- + \delta, 2\pi \cdot \frac{\left(m_0^- + \frac{1}{2}\right)}{s} \right]$$

$$I_4 = I_4(\beta, \mathbf{v}, s) = \left[ 2\pi \cdot \frac{\left(m_0^- + \frac{1}{2}\right)}{s}, M^- + \frac{\pi}{s} + \delta \right]$$

$$I_5 = I_5(\beta, \mathbf{v}, s) = \left[ M^- + \frac{\pi}{s} + \delta, 2\pi \cdot \frac{(m_0^- + 1)}{s} \right]$$

$$I_6 = I_6(\beta, \mathbf{v}, s) = \left[ 2\pi \cdot \frac{(m_0^- + 1)}{s}, 2\pi \cdot \frac{m_0^+}{s} \right]$$

$$I_7 = I_7(\beta, \mathbf{v}, s) = \left[ 2\pi \cdot \frac{m_0^+}{s}, M^+ \right].$$

From (3.21), (3.23) and (3.24) it follows that

$$(3.25) \quad 2\pi \cdot \frac{m_0^-}{s} + \frac{\gamma}{2} < M^- + \gamma < 2\pi \cdot \frac{m_0^-}{s} + \frac{3}{2}\gamma, \quad M^- + \delta < 2\pi \cdot \frac{m_0^-}{s} + \frac{\pi}{2s} \quad \text{and}$$

$$(3.26) \quad \text{length}(I_7) < \frac{14\eta}{s}.$$

Note that  $I_6$  is well defined, since by (3.15), (3.17) and (3.18),  $m_0^+ - m_0^- \cong (k_0^2 + l_0^2)^{1/2} \times (M^+ - M^-) - 5\eta \cong \frac{1}{10\varepsilon_0} \cdot 2r(A) - 5\eta \cong (d(A))^{1/100} \cdot \frac{2}{90} - 1 \cong 2$  if  $\mu(A)$  is sufficiently large. By (3.19) we have

$$(3.27) \quad \int_0^{2\pi} \int_{\mathbb{R}^2} F_{\tau, \varepsilon_0}^2(\mathbf{x}) \, d\mathbf{x} \, d\tau \cong \\ \cong c_8 \cdot N^3 \cdot \int_0^{2\pi} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \sum_{j=1}^7 \int_{I_j} \frac{\sin(xs)}{s} \cdot \frac{\partial h(x)}{\partial x} \, dx \right)^2 \, ds \, d\mathbf{v} \, d\beta.$$

Since the partial derivative

$$\frac{\partial h(x)}{\partial x} = \frac{\partial h_{A+\mathbf{v}}(\beta, x)}{\partial x}$$

is monotonically decreasing in the interval  $M^- = M_{\beta, v}^- < x < M^+ = M_{\beta, v}^+$ , we have

$$(3.28) \quad \int_{I_6} \frac{\sin(xs)}{s} \cdot \frac{\partial h(x)}{\partial x} dx = \sum_{n=m_0^-+1}^{m_0^+-1} \int_{2\pi(n/s)}^{2\pi((n+1)/s)} \frac{\sin(xs)}{s} \cdot \frac{\partial h(x)}{\partial x} dx =$$

$$= \sum_{n=m_0^-+1}^{m_0^+-1} \int_{2\pi(n/s)}^{2\pi((n+1)/s)} \frac{\sin(xs)}{s} \cdot \left( \frac{\partial h(x)}{\partial x} - \frac{\partial h\left(x + \frac{\pi}{s}\right)}{\partial x} \right) dx \geq 0.$$

Similarly,

$$(3.29) \quad \sum_{j=3,5} \int_{I_j} \frac{\sin(xs)}{s} \cdot \frac{\partial h(x)}{\partial x} dx = \int_{I_8} \frac{\sin(xs)}{s} \cdot \left( \frac{\partial h(x)}{\partial x} - \frac{\partial h\left(x + \frac{\pi}{s}\right)}{\partial x} \right) dx \geq 0.$$

Let

$$|a|^+ = \begin{cases} a, & \text{if } a > 0 \\ 0, & \text{if } a \leq 0 \end{cases} \quad \text{and} \quad |a|^- = \begin{cases} a, & \text{if } a < 0 \\ 0, & \text{if } a \geq 0. \end{cases}$$

Then by (3.27)–(3.29) we have

$$(3.30) \quad \int_0^{2\pi} \int_{\mathbb{R}^2} F_{\tau, \varepsilon_0}^2(x) dx d\tau \geq$$

$$\geq c_8 \cdot N^3 \cdot \int_0^{2\pi} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \left| \sum_{j=1,2,4,7} \int_{I_j} \frac{\sin(xs)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^+ \right)^2 ds dv d\beta.$$

#### 4. Proof of Theorem 2.1—Part 2

The second part of the proof is based on the following two lemmas (we use the same notation as in Section 3).

**Lemma 4.1.** *If  $\frac{1}{100} \geq \eta \geq 2 \cdot (d(A))^{-10^{-5}}$  and  $\mu(A)$  is larger than an “ineffective” absolute constant, then  $\mu(V(\beta)) = \mu(V_\eta(\beta)) \geq \eta$  uniformly for all  $\beta \in [0, 2\pi)$ .*

The second one is a purely geometric lemma.

Given a convex region  $B$ , an angle  $\beta \in [0, 2\pi)$  and a real number  $y \geq 0$ , write

$$(4.1) \quad f_B(\beta, y) = h_{B+v}(\beta, M_{\beta, v}^- + y) \quad \text{where}$$

$$M_{\beta, v}^- = M_{\beta, v}^-(B) = \inf \{x \in \mathbb{R} : h_{B+v}(\beta, x) > 0\}.$$

Observe that the right-hand side term in (4.1) is independent of the value of  $v \in \mathbb{R}^2$ .

**Lemma 4.2.** *There are (“effective”) positive absolute constants  $c_9, c_{10}$  and  $c_{11}$  such that for any convex region  $B$  with  $r(B) \geq c_9$ ,*

$$c_{10} \cdot d(B) \geq \int_0^{2\pi} (f_B(\beta, 1))^2 d\beta \geq c_{11} \cdot d(B).$$

We postpone the proofs to Sections 5—7.

Next we state three corollaries of Lemma 4.2.

**Lemma 4.2A.** Let  $A$  be a convex region with  $r(A) \cong \frac{1}{9}$ . If  $0 < y \leq \frac{1}{9 \cdot c_9}$  then

$$c_{10} \cdot y \cdot d(A) \cong \int_0^{2\pi} (f_A(\beta, y))^2 d\beta \cong c_{11} \cdot y \cdot d(A).$$

**Proof.** Let  $B = \frac{1}{y} A = \left\{ \frac{1}{y} x : x \in A \right\}$ . Then  $r(B) = \frac{1}{y} \cdot r(A) \cong 9 \cdot c_9 \cdot \frac{1}{9} = c_9$ . Thus by Lemma 4.2 we have  $c_{10} \cdot d(B) \cong \int_0^{2\pi} (f_B(\beta, 1))^2 d\beta \cong c_{11} \cdot d(B)$ . Since  $d(B) = \frac{1}{y} \cdot d(A)$  and  $f_B(\beta, 1) = \frac{1}{y} f_A(\beta, y)$ , Lemma 4.2A follows. ■

Let  $\Omega(y) = \Omega(A, y) = \{\beta \in [0, 2\pi) : f_A(\beta, y) = \max_{0 \leq x \leq y} f_A(\beta, x)\}$ .

**Lemma 4.2B.** Let  $A$  be a convex region with  $r(A) \cong \frac{1}{9}$ . If  $0 < y \leq \frac{c_{11}}{18 \cdot c_9 \cdot c_{10}}$ , then

$$\int_{\Omega(y)} (f_A(\beta, y))^2 d\beta \cong \frac{1}{4} \cdot \frac{(c_{11})^2}{c_{10}} \cdot y \cdot d(A).$$

**Proof.** Let  $z = 2 \cdot \frac{c_{10}}{c_{11}} \cdot y$ . We have  $z \leq 2 \cdot \frac{c_{10}}{c_{11}} \cdot \frac{c_{11}}{18 \cdot c_9 \cdot c_{10}} = \frac{1}{9 \cdot c_9}$ . Thus by Lemma 4.2A,

$$(4.2) \quad \int_0^{2\pi} (f_A(\beta, z))^2 d\beta \cong c_{11} \cdot z \cdot d(A) = 2c_{10} \cdot y \cdot d(A) \cong 2 \int_0^{2\pi} (f_A(\beta, y))^2 d\beta.$$

We need the following two consequences of the convexity of  $A$ :

$$(4.3) \quad f_A(\beta, z) \leq f_A(\beta, y) \quad \text{for all } \beta \in \overline{\Omega}(y) = [0, 2\pi) \setminus \Omega(y),$$

$$(4.4) \quad f_A(\beta, y) \leq \frac{y}{z} f_A(\beta, z) \quad \text{for all } \beta \in [0, 2\pi).$$

Combining (4.2) and (4.3), we obtain that

$$\begin{aligned} (4.5) \quad \int_{\Omega(y)} (f_A(\beta, z))^2 d\beta &= \int_0^{2\pi} (f_A(\beta, z))^2 d\beta - \int_{\Omega(y)} (f_A(\beta, z))^2 d\beta \cong \\ &\cong \int_0^{2\pi} (f_A(\beta, z))^2 d\beta - \int_{\Omega(y)} (f_A(\beta, y))^2 d\beta \cong \\ &\cong \int_0^{2\pi} (f_A(\beta, z))^2 d\beta - \int_0^{2\pi} (f_A(\beta, y))^2 d\beta \cong \frac{1}{2} \int_0^{2\pi} (f_A(\beta, z))^2 d\beta. \end{aligned}$$

Now from (4.4), (4.5) and Lemma 4.2A it follows that

$$\begin{aligned} \int_{\Omega(y)} (f_A(\beta, y))^2 d\beta &\cong \int_{\Omega(y)} \left( \frac{y}{z} f_A(\beta, z) \right)^2 d\beta = \\ &= \left( \frac{y}{z} \right)^2 \cdot \int_{(\Omega)y} (f_A(\beta, z))^2 d\beta \cong \frac{1}{2} \left( \frac{y}{z} \right)^2 \cdot \int_0^{2\pi} (f_A(\beta, z))^2 d\beta \cong \\ &\cong \frac{1}{2} \cdot \left( \frac{y}{z} \right)^2 \cdot c_{11} \cdot z \cdot d(A) = \frac{1}{4} \cdot \frac{(c_{11})^2}{c_{10}} \cdot y \cdot d(A). \end{aligned}$$

This completes the proof of Lemma 4.2B. ■

**Lemma 4.2C.** *Let  $A$  be a convex region with  $r(A) \cong \frac{1}{9}$ . If  $0 < y \leq \min \left\{ \frac{1}{9}, \frac{1}{9 \cdot c_9} \right\}$ , then*

$$\int_0^{2\pi} \left( \max_{0 \leq x \leq y} f_A(\beta, x) \right)^2 d\beta \leq 4c_{10} \cdot y \cdot d(A).$$

**Proof.** We recall:  $D_\beta = M_{\beta, y}^+ - M_{\beta, y}^-$ . From the convexity of  $A$  it follows that for any real numbers  $0 \leq x \leq y \leq \frac{1}{9} \leq r(A)$ ,

$$\frac{f_A(\beta, y)}{f_A(\beta, x)} \cong \frac{D_\beta - y}{D_\beta - x} \cong \frac{D_\beta - r(A)}{D_\beta} \cong \frac{\frac{1}{2} D_\beta}{D_\beta} = \frac{1}{2}.$$

Thus, by Lemma 4.2A we conclude that

$$\int_0^{2\pi} \left( \max_{0 \leq x \leq y} f_A(\beta, x) \right)^2 d\beta \leq \int_0^{2\pi} (2f_A(\beta, y))^2 d\beta \leq 4 \cdot c_{10} \cdot y \cdot d(A),$$

and Lemma 4.2C follows. ■

We return to Lemma 4.1. Since  $\eta$  will be fixed as a small positive absolute constant, by Lemma 4.1 we have for all  $\beta \in [0, 2\pi)$ ,

$$(4.6) \quad \pi \cong \mu(V(\beta)) \cong \eta$$

provided  $\mu(A)$  is sufficiently large.

We recall: the real parameter  $\delta$  satisfies inequality (3.24) (the exact value of  $\delta$  will be specified later). For  $j=1, 2, 3, \dots$ , write  $\Omega_j(\delta) = \Omega_j(A, \delta) = \{\beta \in \Omega(A, \delta) : 2^j \cdot \eta > \mu(V(\beta)) \cong 2^{j-1} \cdot \eta\}$ . By (4.6), we have

$$(4.7) \quad \Omega(\delta) = \bigcup_{1 \leq j \leq c_{11} \cdot \log(1/\eta)} \Omega_j(\delta).$$

We recall (3.15) and (3.24):  $0 < \gamma < \delta < \frac{\pi}{2s}$  where  $s \in \left[ P(k_0, l_0) - \frac{1}{N}, P(k_0, l_0) + \frac{1}{N} \right]$ ,  $P(k_0, l_0) = 2\pi \cdot (k_0^2(\beta, v) + l_0^2(\beta, v))^{1/2}$ ,  $\frac{1}{10\varepsilon_0} \leq (k_0^2(\beta, v) + l_0^2(\beta, v))^{1/2} \leq \frac{1}{5\varepsilon_0}$  and  $\varepsilon_0 = (d(A))^{-(1/100)}$ . Hence

$$(4.8) \quad 0 < \gamma < \delta < \frac{\pi}{2s} \leq \min \left\{ \frac{1}{9}, \frac{1}{9 \cdot c_9}, \frac{c_{11}}{18 \cdot c_9 \cdot c_{10}} \right\}$$

provided  $\mu(A)$  is sufficiently large. Thus by Lemma 4.2B,

$$(4.9) \quad \int_{\Omega(\delta)} (f_A(\beta, \delta))^2 d\beta \cong \frac{1}{4} \cdot \frac{(c_{11})^2}{c_{10}} \cdot \delta \cdot d(A).$$

From (4.7) and (4.9) it follows that for some  $v \in \left[ 1, c_{12} \cdot \log \left( \frac{1}{\eta} \right) \right]$ ,

$$(4.10) \quad \int_{\Omega_v(\delta)} (f_A(\beta, \delta))^2 d\beta \cong \frac{(c_{11})^2}{4 \cdot c_{12} \cdot \log \left( \frac{1}{\eta} \right) \cdot c_{10}} \cdot \delta \cdot d(A).$$

Now we return to (3.30).

Let

$$(4.11) \quad Z_2^+ = \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \left| \int_{I_2} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^+ \right)^2 ds dv d\beta,$$

$$(4.12) \quad Z_4^- = \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \left| \int_{I_4} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^- \right)^2 ds dv d\beta$$

and for  $j=1, 7$  let

$$(4.13) \quad Z_j = \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \int_{I_j} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right)^2 ds dv d\beta.$$

Using the elementary inequality ( $x, y$  real numbers)  $(|x+y|^+)^2 \cong \frac{1}{2}(|x|^+)^2 - (|y|^-)^2$ , we have ( $a_1, a_2, a_4, a_7$  real numbers)

$$(4.14) \quad \begin{aligned} (|a_1 + a_2 + a_4 + a_7|^+)^2 &\cong \frac{1}{2}(|a_2 + a_4|^+)^2 - (|a_1 + a_7|^-)^2 \cong \\ &\cong \frac{1}{2} \left( \frac{1}{2}(|a_2|^+)^2 - (|a_4|^-)^2 \right) - (|a_1| + |a_7|)^2 \cong \\ &\cong \frac{1}{4}(|a_2|^+)^2 - \frac{1}{2}(|a_4|^-)^2 - 2(a_1)^2 - 2(a_7)^2. \end{aligned}$$



Combining (3.30), (4.11)—(4.14) it follows that

$$\begin{aligned}
 (4.15) \quad & \int_0^{2\pi} \int_{\mathbb{R}^2} (F_{\tau, \varepsilon_0}(\mathbf{x}))^2 d\mathbf{x} d\tau \cong \\
 & \cong c_8 \cdot N^3 \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \left| \sum_{j=1, 2, 4, 7} \int_{I_j} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^+ \right)^2 ds dv d\beta \cong \\
 & \cong c_8 \cdot N^3 \left( \frac{1}{4} Z_2^+ - \frac{1}{2} Z_4^- - 2Z_1 - 2Z_7 \right).
 \end{aligned}$$

We are going to estimate the terms  $Z_2^+$ ,  $Z_4^-$ ,  $Z_1$  and  $Z_7$ . First we give a lower bound to  $Z_2^+$ . By (4.1) we have for any  $\beta \in \Omega(\delta)$ ,  $\frac{\partial f_A(\beta, x-M^-)}{\partial x} = \frac{\partial h(x)}{\partial x} \cong 0$  whenever  $M^- \leq x \leq M^- + \delta$ , therefore, by (3.25),

$$\begin{aligned}
 (4.16) \quad & \left| \int_{I_1} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^+ = \int_{M^-+\gamma}^{M^-+\delta} \frac{\sin(x \cdot s)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \cong \\
 & \cong \left( \min_{M^-+\gamma \leq x \leq M^-+\delta} \sin(x \cdot s) \right) \cdot \frac{1}{s} \int_{M^-+\gamma}^{M^-+\delta} \frac{\partial h(x)}{\partial x} dx \cong \frac{\sin\left(\gamma \cdot \frac{s}{2}\right)}{s} \int_{M^-+\gamma}^{M^-+\delta} \frac{\partial h(x)}{\partial x} dx = \\
 & = \frac{\sin\left(\gamma \cdot \frac{s}{2}\right)}{s} (h(M^- + \delta) - h(M^- + \gamma)) = \frac{\sin\left(\gamma \cdot \frac{s}{2}\right)}{s} (f_A(\beta, \delta) - f_A(\beta, \gamma)) \cong 0.
 \end{aligned}$$

Thus, by (4.11) and (4.16),

$$(4.17) \quad Z_2^+ \cong \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \frac{\sin\left(\gamma \cdot \frac{s}{2}\right)}{s} \right)^2 \cdot (f_A(\beta, \delta) - f_A(\beta, \gamma))^2 ds dv d\beta.$$

Using (4.8) and the trivial inequalities  $\sin x \geq \frac{2}{\pi} x$  ( $0 \leq x \leq \frac{\pi}{2}$ ) and  $(x-y)^2 \geq \frac{1}{2} x^2 - y^2$  ( $x \geq 0, y \geq 0$ ), by (4.17) we have

$$\begin{aligned}
 (4.18) \quad & Z_2^+ \cong \left( \frac{\gamma}{\pi} \right)^2 \cdot \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} (f_A(\beta, \delta) - f_A(\beta, \gamma))^2 ds dv d\beta = \\
 & = \left( \frac{\gamma}{\pi} \right)^2 \cdot \left( \min_{\beta \in \Omega_v(\delta)} \mu(V(\beta)) \right) \cdot \frac{2}{N} \cdot \left( \int_{\Omega_v(\delta)} (f_A(\beta, \delta) - f_A(\beta, \gamma))^2 d\beta \right) ds dv \cong \\
 & \cong \frac{\gamma^2}{10} \cdot \left( \min_{\beta \in \Omega_v(\delta)} \mu(V(\beta)) \right) \cdot \frac{2}{N} \cdot \left( \frac{1}{2} \int_{\Omega_v(\delta)} (f_A(\beta, \delta))^2 d\beta - \int_{\Omega_v(\delta)} (f_A(\beta, \gamma))^2 d\beta \right).
 \end{aligned}$$

By (4.8) and Lemma 4.2A we have (provided  $\mu(A)$  is sufficiently large).

$$(4.19) \quad \int_{\Omega_v(\delta)} (f_A(\beta, \gamma))^2 d\beta \cong \int_0^{2\pi} (f_A(\beta, \gamma))^2 d\beta \cong c_{10} \cdot \gamma \cdot d(A).$$

Suppose that

$$(4.20) \quad \gamma \cong \frac{(c_{11})^2}{16 \cdot c_{12} \cdot \log\left(\frac{1}{\eta}\right) \cdot (c_{10})^2} \cdot \delta.$$

Then from (4.10), (4.18) and (4.19) it follows that

$$Z_2^+ \cong \frac{\gamma^2}{10} \cdot (2^{v-1} \cdot \eta) \cdot \frac{2}{N} \left[ \frac{(c_{11})^2}{8 \cdot c_{12} \cdot \log\left(\frac{1}{\eta}\right) c_{10}} \cdot \delta \cdot d(A) - c_{10} \cdot \gamma \cdot d(A) \right],$$

that is, by (4.20) we conclude that (provided  $\mu(A)$  is sufficiently large)

$$(4.21) \quad Z_2^+ \cong c_{13} \cdot 2^v \cdot \frac{\eta}{\log\left(\frac{1}{\eta}\right)} \cdot \gamma^2 \cdot \delta \cdot \frac{d(A)}{N}.$$

Next we give an upper bound to  $Z_4^-$ . By (3.25),

$$I_4 = \left[ 2\pi \cdot \frac{m_0^-}{s} + \frac{\pi}{s}, M^- + \frac{\pi}{s} + \delta \right] \subset \left[ 2\pi \cdot \frac{m_0^-}{s} + \frac{\pi}{s}, 2\pi \cdot \frac{m_0^-}{s} + \frac{3\pi}{2s} \right].$$

Thus, by (4.1) and (4.12) we have

$$(4.22) \quad \begin{aligned} Z_4^- &= \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \left| \int_{I_4} \frac{\sin(x \cdot s - \pi)}{s} \cdot \frac{\partial h(x)}{\partial x} dx \right|^+ \right)^2 ds dv d\beta \cong \\ &\cong \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \left( \max_{x \in I_4} \sin(x \cdot s - \pi) \right) \cdot \frac{1}{s} \right)^2 \cdot \left( \int_{I_4} \left| \frac{\partial h(x)}{\partial x} \right|^+ dx \right)^2 ds dv d\beta = \\ &= \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( \frac{\sin(M^- \cdot s + \delta \cdot s - 2\pi m_0^-)}{s} \right)^2 \times \\ &\times \left( \left( \max_{x \in I_4} h(x) \right) - h \left( 2\pi \cdot \frac{m_0^-}{s} + \frac{1}{2} \right) \right)^2 ds dv d\beta \cong \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \left( M^- + \delta - \frac{2\pi m_0^-}{s} \right)^2 \times \\ &\times \left( \left( \max_{\gamma \in I_4 - M^-} f_A(\beta, \gamma) \right) - f_A \left( \beta, 2\pi \cdot \frac{m_0^-}{s} + \frac{1}{2} - M^- \right) \right)^2 ds dv d\beta \end{aligned}$$

where  $I_4 - M^- = \left[ 2\pi \cdot \frac{m_0^-}{s} + \frac{1}{2} - M^-, \frac{\pi}{s} + \delta \right]$  is the translate of the interval  $I_4$ .

Let  $u = 2\pi \cdot \frac{m_0^- + \frac{1}{2}}{s} - M^-$  and  $v = \frac{\pi}{s} + \delta$ . Clearly  $[u, v] = I_4 - M^-$ . From the convexity of  $A$  it follows that  $\max_{u \leq y \leq v} f_A(\beta, y) \leq \frac{v}{u} \cdot f_A(\beta, u)$ . Hence

$$(4.23) \quad \left( \max_{u \leq y \leq v} f_A(\beta, y) \right) - f_A(\beta, u) \leq \frac{v-u}{u} \cdot f_A(\beta, u).$$

We recall (3.21) and (3.24):

$$(4.24) \quad \left| M^- - 2\pi \cdot \frac{m_0^-}{s} \right| < \frac{20\eta}{s} \quad \text{and} \quad \frac{40\eta}{s} < \gamma < \delta < \frac{\frac{\pi}{2} - 20\eta}{s},$$

thus we have

$$(4.25) \quad v - u = \delta + M^- - 2\pi \cdot \frac{m_0^-}{s} < \delta + \frac{20\eta}{s} < 2\delta,$$

$$(4.26) \quad u = \frac{\pi}{s} + 2\pi \cdot \frac{m_0^-}{s} - M^- \geq \frac{\pi}{s} - \frac{20\eta}{s} > \frac{\pi}{2s},$$

and so by (4.25) and (4.26),

$$(4.27) \quad \frac{v-u}{u} \leq \frac{2\delta}{\frac{\pi}{2s}} = \frac{4\delta}{\frac{\pi}{s}}.$$

We recall:  $s \in \left[ P(k_0, l_0) - \frac{1}{N}, P(k_0, l_0) + \frac{1}{N} \right]$ ,  $\frac{\pi}{5\varepsilon_0} \leq P(k_0, l_0) \leq \frac{2\pi}{5\varepsilon_0}$  and  $\varepsilon_0 = (d(A))^{-(1/100)}$ . Hence

$$(4.28) \quad 2\varepsilon_0 \leq \frac{\pi}{\frac{2\pi}{5\varepsilon_0} + 1} \leq \frac{\pi}{P(k_0, l_0) + \frac{1}{N}} \leq \frac{\pi}{s} \leq \frac{\pi}{P(k_0, l_0) - \frac{1}{N}} \leq \frac{\pi}{\frac{\pi}{5\varepsilon_0} - 1} \leq 6\varepsilon_0.$$

Now, by (4.24), (4.26)–(4.28) we obtain that

$$(4.29) \quad \frac{v-u}{u} \leq \frac{4\delta}{\frac{\pi}{s}} \leq \frac{4\delta}{2\varepsilon_0} = \frac{2\delta}{\varepsilon_0} \quad \text{and}$$

$$(4.30) \quad \varepsilon_0 \leq \frac{\pi}{2s} \leq u < v = \frac{\pi}{s} + \delta < \frac{3\pi}{2s} \leq 9\varepsilon_0.$$

From the convexity of  $A$  and relation (4.30) it follows that

$$(4.31) \quad f_A(\beta, u) \leq \frac{u}{\varepsilon_0} \cdot f_A(\beta, \varepsilon_0) \leq \frac{9\varepsilon_0}{\varepsilon_0} \cdot f_A(\beta, \varepsilon_0) = 9 \cdot f_A(\beta, \varepsilon_0).$$

We return to (4.22). By (4.23), (4.25), (4.29) and (4.31) we have

$$\begin{aligned} (4.32) \quad Z_4^- &\leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} (v-u)^2 \cdot \left( \left( \max_{u \leq y \leq v} f_A(\beta, y) \right) - f_A(\beta, u) \right)^2 ds dv d\beta \leq \\ &\leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} (2\delta)^2 \cdot \left( \frac{2\delta}{\varepsilon_0} \right)^2 \cdot (9 \cdot f_A(\beta, \varepsilon_0))^2 ds dv d\beta = \\ &= c_{14} \cdot \frac{\delta^4}{\varepsilon_0^2} \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} (f_A(\beta, \varepsilon_0))^2 ds dv d\beta. \end{aligned}$$

We recall:

$$(4.33) \quad \mu(V(\beta)) < 2^v \cdot \eta \quad \text{for all } \beta \in \Omega_v(\delta).$$

Moreover, by (4.8) and (4.30),  $\varepsilon_0 \leq \frac{\pi}{2s} \leq \frac{1}{9 \cdot c_9}$ , and so by Lemma 4.2A we have,

$$(4.34) \quad \int_{\Omega_v(\delta)} (f_A(\beta, \varepsilon_0))^2 d\beta \leq \int_0^{2\pi} (f_A(\beta, \varepsilon_0))^2 d\beta \leq c_{10} \cdot \varepsilon_0 \cdot d(A),$$

provided  $\mu(A)$  is sufficiently large. Therefore, by (4.32)–(4.34) we have

$$\begin{aligned} (4.35) \quad Z_4^- &\leq c_{14} \cdot \frac{\delta^4}{\varepsilon_0^2} \cdot (2^v \cdot \eta) \cdot \frac{2}{N} \cdot \int_{\Omega_v(\delta)} (f_A(\beta, \varepsilon_0))^2 d\beta \leq \\ &\leq c_{14} \cdot \frac{\delta^4}{\varepsilon_0^2} \cdot (2^v \cdot \eta) \cdot \frac{2}{N} \cdot c_{10} \cdot \varepsilon_0 \cdot d(A) = c_{15} \cdot 2^v \cdot \eta \cdot \frac{\delta^4}{\varepsilon_0} \cdot \frac{d(A)}{N}, \end{aligned}$$

provided  $\mu(A)$  is sufficiently large.

Finally, we give upper bounds to  $Z_1$  and  $Z_7$ . By (4.24) we have

$$\begin{aligned} \max_{M^- \leq x \leq M^- + \gamma} \left( \frac{\sin(x \cdot s)}{s} \right)^2 &\leq \left( \frac{\sin(\gamma \cdot s + 20\eta)}{s} \right)^2 \leq \left( \frac{\gamma \cdot s + 20\eta}{s} \right)^2 = \\ &= \left( \gamma + \frac{20\eta}{s} \right)^2 < \left( \frac{3}{2} \gamma \right)^2. \end{aligned}$$

Hence by (4.13),

$$(4.36) \quad Z_1 \leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \frac{3}{2} \gamma \right)^2 \cdot \left( \int_{M^-}^{M^- + \gamma} \left| \frac{\partial h(x)}{\partial x} \right| dx \right)^2 ds dv d\beta.$$

We clearly have

$$\begin{aligned} \int_{M^-}^{M^-+\gamma} \left| \frac{\partial h(x)}{\partial x} \right| dx &= \int_{M^-}^{M^-+\gamma} \left| \frac{\partial h(x)}{\partial x} \right|^+ dx - \int_{M^-}^{M^-+\gamma} \left| \frac{\partial h(x)}{\partial x} \right|^- dx, \\ \int_{M^-}^{M^-+\gamma} \left| \frac{\partial h(x)}{\partial x} \right|^+ dx &= \max_{M^- \leq x \leq M^-+\gamma} h(x) = \max_{0 \leq y \leq \gamma} f_A(\beta, y) \quad \text{and} \\ - \int_{M^-}^{M^-+\gamma} \left| \frac{\partial h(x)}{\partial x} \right|^- dx &\leq \max_{M^- \leq x \leq M^-+\gamma} h(x) = \max_{0 \leq y \leq \gamma} f_A(\beta, y). \end{aligned}$$

Thus, returning to (4.36) we have

$$(4.37) \quad Z_1 \leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0)-1/N}^{P(k_0, l_0)+1/N} \left( \frac{3}{2} \gamma \right)^2 \cdot (2 \max_{0 \leq y \leq \gamma} f_A(\beta, y))^2 ds dv d\beta.$$

We recall:

$$(4.38) \quad \mu(V(\beta)) < 2^v \cdot \eta \quad \text{for all } \beta \in \Omega_v(\delta).$$

Moreover, by (4.8) we have

$$\gamma < \min \left\{ \frac{1}{9}, \frac{1}{9 \cdot c_9} \right\} \quad \text{provided } \mu(A) \text{ is sufficiently large.}$$

Hence Lemma 4.2C yields (provided  $\mu(A)$  is sufficiently large)

$$(4.39) \quad \int_{\Omega_v(\delta)} \left( \max_{0 \leq y \leq \gamma} f_A(\beta, y) \right)^2 d\beta \leq \int_0^{2\pi} \left( \max_{0 \leq y \leq \gamma} f_A(\beta, y) \right)^2 d\beta \leq 4 \cdot c_{10} \cdot \gamma \cdot d(A).$$

Therefore, by (4.37)–(4.38) we have (provided  $\mu(A)$  is sufficiently large)

$$\begin{aligned} (4.40) \quad Z_1 &\leq (2^v \cdot \eta) \cdot \frac{2}{N} \cdot \left( \frac{3}{2} \gamma \right)^2 \int_{\Omega_v(\delta)} (2 \cdot \max_{0 \leq y \leq \gamma} f_A(\beta, y))^2 d\beta \leq \\ &\leq (2^v \cdot \eta) \cdot \frac{2}{N} \cdot \left( \frac{3}{2} \gamma \right)^2 \cdot (16 \cdot c_{10} \cdot \gamma \cdot d(A)) = c_{16} \cdot 2^v \cdot \eta \cdot \gamma^3 \cdot \frac{d(A)}{N}. \end{aligned}$$

Next, by (3.24) and (3.26) we have  $\text{length}(I_7) = M^+ - 2\pi \frac{m_0^+}{s} = M_{\beta, v}^+ -$   
 $- 2\pi \frac{m_0^+(\beta, v)}{s} < \frac{14\eta}{s} < \frac{40\eta}{s} < \gamma$ . Hence

$$(4.41) \quad \max_{x \in I_7} \left( \frac{\sin(x \cdot s)}{s} \right)^2 \leq \left( \frac{\sin(\gamma \cdot s)}{s} \right)^2 \leq \gamma^2.$$

Moreover, we clearly have

$$(4.42) \quad -\int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right| dx = -\int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right|^- dx + \int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right|^+ dx,$$

$$(4.43) \quad -\int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right|^- dx = \max_{x \in I_7} h(x) = \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y) \quad \text{and}$$

$$(4.44) \quad \int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right|^+ dx \leq \max_{x \in I_7} h(x) = \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y).$$

Therefore, by (4.13), (4.41)–(4.44) we obtain that

$$(4.45) \quad \begin{aligned} Z_7 &\leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \gamma^2 \cdot \left( \int_{I_7} \left| \frac{\partial h(x)}{\partial x} \right| dx \right)^2 ds dv d\beta \leq \\ &\leq \int_{\Omega_v(\delta)} \int_{V(\beta)} \int_{P(k_0, l_0) - 1/N}^{P(k_0, l_0) + 1/N} \gamma^2 \cdot (2 \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y))^2 ds dv d\beta. \end{aligned}$$

We recall:

$$(4.46) \quad \mu(V(\beta)) < 2^v \cdot \eta \quad \text{for all } \beta \in \Omega_v(\delta).$$

Moreover, by (4.8) we have  $\gamma < \min \left\{ \frac{1}{9}, \frac{1}{9 \cdot c_9} \right\}$  provided  $\mu(A)$  is sufficiently large. Hence Lemma 4.2C yields (provided  $\mu(A)$  is sufficiently large)

$$(4.47) \quad \int_{\Omega_v(\delta)} \left( \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y) \right)^2 d\beta \leq \int_0^{2\pi} \left( \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y) \right)^2 d\beta \leq 4 \cdot c_{10} \cdot \gamma \cdot d(A).$$

Therefore, by (4.45)–(4.47) we have (provided  $\mu(A)$  is sufficiently large)

$$(4.48) \quad \begin{aligned} Z_7 &\leq (2^v \cdot \eta) \cdot \frac{2}{N} \cdot \gamma^2 \int_{\Omega_v(\delta)} (2 \max_{0 \leq y \leq \gamma} f_A(\beta + \pi, y))^2 d\beta \leq \\ &\leq (2^v \cdot \eta) \cdot \frac{2}{N} \cdot \gamma^2 \cdot (16 \cdot c_{10} \cdot \gamma \cdot d(A)) = c_{17} \cdot 2^v \cdot \eta \cdot \gamma^3 \cdot \frac{d(A)}{N}. \end{aligned}$$

Now we return to (4.15). From (3.22), (4.20), (4.21), (4.35), (4.40) and (4.48) it follows that

$$(4.49) \quad \begin{aligned} \int_0^{2\pi} \int_{R^3} (F_{\tau, \varepsilon_0}(x))^2 dx d\tau &\leq c_8 \cdot N^3 \left( \frac{1}{4} Z_2^+ - \frac{1}{2} Z_4^- - 2Z_1 - 2Z_7 \right) \leq \\ &\leq c_8 \cdot N^2 \cdot d(A) \cdot 2^v \cdot \eta \left( \frac{c_{13} \cdot \gamma^2 \cdot \delta}{4 \cdot \log \left( \frac{1}{\eta} \right)} - \frac{c_{15} \cdot \delta^4}{2 \cdot \varepsilon_0} - 2c_{16} \cdot \gamma^3 - 2c_{17} \cdot \gamma^3 \right) \end{aligned}$$

provided  $N \geq \frac{d(A)+1}{\eta}$ ,  $\gamma \leq \frac{(c_{11})^2}{16 \cdot c_{12} \cdot \log\left(\frac{1}{\eta}\right) \cdot (c_{10})^2} \cdot \delta$  and  $\mu(A) \geq c_{18}^*$  ( $c_{18}^*$  is an "ineffective" constant).

Let  $\gamma = \eta^{2/3} \cdot \varepsilon_0$  and  $\delta = \eta^{1/2} \cdot \varepsilon_0$  (we recall:  $\varepsilon_0 = (d(A))^{-(1/100)}$ ). A little calculation shows that if  $\eta$  is sufficiently small, say  $0 < \eta \leq c_{19}$ , then inequalities (3.24) and (4.20) are satisfied; and we also have,

$$(4.50) \quad \frac{c_{13} \cdot \gamma^2 \cdot \delta}{4 \cdot \log\left(\frac{1}{\eta}\right)} - \frac{c_{15} \cdot \delta^4}{2\varepsilon_0} - 2c_{16} \cdot \gamma^3 - 2c_{17} \cdot \gamma^3 \cong \\ \cong \frac{c_{13} \cdot \gamma^2 \cdot \delta}{8 \cdot \log\left(\frac{1}{\eta}\right)} = \frac{c_{13}}{8} \cdot \frac{\eta^{11/6}}{\log\left(\frac{1}{\eta}\right)} \cdot (\varepsilon_0)^3.$$

Choosing  $\eta = c_{19}$ , by (4.49) and (4.50) we obtain that

$$(4.51) \quad \int_0^{2\pi} \int_{R^2} (F_{\tau, \varepsilon_0}(\mathbf{x}))^2 dx d\tau \cong c_8 \cdot N^2 \cdot d(A) \cdot 2^\nu \cdot \eta \cdot \left( \frac{c_{13}}{8} \cdot \frac{\eta^{11/6}}{\log\left(\frac{1}{\eta}\right)} \cdot (\varepsilon_0)^3 \right) \cong \\ \cong c_{20} \cdot N^2 \cdot d(A) \cdot (\varepsilon_0)^3 = c_{20} \cdot N^2 \cdot (d(A))^{97/100}$$

provided  $\mu(A) \geq c_{18}^*$  and  $N \geq \frac{d(A)+1}{\eta} = \frac{d(A)+1}{c_{19}}$ . Note that the hypothesis  $\eta = c_{19} \geq 2 \cdot (d(A))^{-10^{-5}}$  of Lemma 4.1 is also satisfied if  $\mu(A) \geq c_{21}$ .

Now we are ready to complete the proof of Theorem 2.1. From formulas (2.2) and (2.3) immediately follows that  $|g(\tau A, \mathbf{x}, \varepsilon_0) - \mu(A)| \leq (d(A))^2$ . Therefore, by (3.3), (3.4) and (4.51) we have with  $M = \left[ N + \frac{1}{2} - d(A) \right]$  (integral part),

$$(4.52) \quad \int_0^{2\pi} \int_{[-M, M]^2} (g(\tau A, \mathbf{x}, \varepsilon_0) - \mu(A))^2 dx d\tau \cong \\ \cong \int_0^\pi \int_{R^2} (F_{\tau, \varepsilon_0}(\mathbf{x}))^2 dx d\tau - c_{22} \cdot (N \cdot d(A)) \cdot (d(A))^4 \cong \\ \cong c_{20} \cdot N^2 \cdot (d(A))^{97/100} - c_{22} \cdot N \cdot (d(A))^5.$$

Let  $N = c_{23} \cdot (d(A))^5$ . If  $c_{23}$  is sufficiently large then  $N \geq \frac{d(A)+1}{\eta} = \frac{d(A)+1}{c_{19}}$

and

$$(4.53) \quad c_{20} \cdot N^2 \cdot (d(A))^{97/100} - c_{22} \cdot N \cdot (d(A))^5 \geq \frac{c_{20}}{2} \cdot N^2 \cdot (d(A))^{97/100}$$

By (4.52) and 4.53) we conclude that (we recall:  $\mathcal{U}^2 = [0, 1)^2$ )

$$\begin{aligned}
 (4.54) \quad & (2M)^2 \cdot \int_0^{2\pi} \int_{\mathcal{U}^2} (g(\tau A, y, \varepsilon_0) - \mu(A))^2 dy d\tau = \\
 & = \int_0^{2\pi} \int_{[-M, M]^2} (g(\tau A, x, \varepsilon_0) - \mu(A))^2 dx d\tau \cong \\
 & \cong \frac{c_{20}}{2} \cdot N^2 \cdot (d(A))^{97/100} > \frac{c_{20}}{8} \cdot (2M)^2 \cdot (d(A))^{97/100}.
 \end{aligned}$$

Choosing  $c_0 = \max \{c_{18}^*, c_{21}\}$  and  $c_1 = \frac{c_{20}}{16\pi}$ , Theorem 2.1 immediately follows from (4.54). It remains to prove Lemmas 4.1—4.2.

### 5. Proof of Lemma 4.1

Let  $p_1=5, p_2=13, p_3=17, \dots, p_h$  be the first  $h=300$  primes in the arithmetic progression  $4j+1, j=1, 2, 3, \dots$ . By a well known theorem of A. S. Besicovitch [1] the real algebraic numbers  $1, \sqrt{p_1}, \sqrt{p_2}, \sqrt{p_3}, \dots, \sqrt{p_h}$  are linearly independent over the rationals. Thus we can apply Schmidt's theorem mentioned at the end of Section 1. Choosing  $c=2$ , from (1.1) it follows that

$$(5.1) \quad \|q \cdot \sqrt{p_1}\| \cdot \|q \cdot \sqrt{p_2}\| \dots \|q \cdot \sqrt{p_h}\| \cong \frac{1}{q^3}$$

for all integers  $q \geq q_0$ . Note that  $q_0$  is an "ineffective" threshold constant — we can suppose that  $q_0$  is an integer.

Let  $\beta \in [0, 2\pi)$  be arbitrary but fixed. We shall show that there are integers  $k=k(\beta)$  and  $l=l(\beta)$  such that

$$(5.2) \quad \frac{1}{10\varepsilon_0} \cong (k^2 + l^2)^{1/2} \cong \frac{1}{5\varepsilon_0} \quad \text{and} \quad \|D_\beta \cdot (k^2 + l^2)^{1/2}\| \leq \eta.$$

(We recall:  $D_\beta = M_{\beta, v}^+ - M_{\beta, v}^-$ .) From a classical theorem of Dirichlet it follows

$$\begin{aligned}
 \text{that there exist positive integers } n_0 \leq \frac{1}{10\varepsilon_0}, n_1 \leq \frac{1}{10\varepsilon_0 \sqrt{p_1}}, n_2 \leq \frac{1}{10\varepsilon_0 \sqrt{p_2}}, \dots, n_h \leq \\
 \leq \frac{1}{10\varepsilon_0 \sqrt{p_h}} \text{ such that}
 \end{aligned}$$

$$(5.3) \quad \|n_0 \cdot D_\beta\| \leq 10\varepsilon_0, \|n_1 \cdot D_\beta \cdot \sqrt{p_1}\| \leq 10\varepsilon_0 \sqrt{p_1}, \dots, \|n_h \cdot D_\beta \cdot \sqrt{p_h}\| \leq 10\varepsilon_0 \sqrt{p_h}.$$

Let  $n = \max \{n_0, n_1, n_2, \dots, n_h\}$ . We are going to give a lower bound to  $n$ . Let  $n_0 \cdot D_\beta = n^* + \theta$  where  $n^*$  is an integer and  $|\theta| \leq 10\varepsilon_0$ . Since  $n_0 \cdot D_\beta \cong D_\beta \cong 2r(A) \cong \frac{2}{9}$



and  $\varepsilon_0 = (d(A))^{-(1/100)}$ , it follows that  $n_0 \cdot D_\beta \geq \frac{2}{9} > 10\varepsilon_0$  if  $\mu(A)$  is sufficiently large. Hence,  $n^* \geq 1$  if  $\mu(A)$  is sufficiently large. Let  $Q = n^* \cdot \left( \prod_{i=1}^h n_i \right) \cdot q_0$ . We have  $(1 \leq j \leq h)$

$$\begin{aligned} Q \cdot \sqrt{p_j} &= (n_0 \cdot D_\beta - \theta) \cdot \left( \prod_{i=1}^h n_i \right) \cdot q_0 \cdot \sqrt{p_j} = \\ &= \left( \prod_{\substack{i=1 \\ i \neq j}}^h n_i \right) \cdot q_0 \cdot (n_j \cdot D_\beta \cdot \sqrt{p_j}) - \theta \cdot \left( \prod_{i=1}^h n_i \right) \cdot q_0 \cdot \sqrt{p_j}, \quad \text{and so by (5.3),} \\ \|Q \cdot \sqrt{p_j}\| &\leq \left( \prod_{\substack{i=0 \\ i \neq j}}^h n_i \right) \cdot q_0 \cdot \|n_j \cdot D_\beta \cdot \sqrt{p_j}\| + 10\varepsilon_0 \cdot \left( \prod_{i=1}^h n_i \right) \cdot q_0 \cdot \sqrt{p_j} \leq \end{aligned}$$

$$\leq c_{24} \cdot n^h \cdot q_0 \cdot \varepsilon_0.$$

Hence

$$(5.4) \quad \prod_{j=1}^h \|Q \cdot \sqrt{p_j}\| \leq (c_{24} \cdot n^h \cdot q_0 \cdot \varepsilon_0)^h = c_{25} \cdot q_0^h \cdot n^{h^2} \cdot (d(A))^{-h/100}.$$

On the other hand, since  $Q \geq q_0$ , by (5.1) and 5.4) we have

$$(5.5) \quad c_{25} \cdot q_0^h \cdot n^{h^2} \cdot (d(A))^{-h/100} \leq \frac{1}{Q^2}.$$

Using the inequality  $d(A) \geq 2r(A) \geq \frac{2}{9}$ , we have

$$\begin{aligned} (5.6) \quad Q &\leq (n_0 \cdot D_\beta + |\theta|) \cdot \left( \prod_{j=1}^h n_j \right) \cdot q_0 \leq n^{h+1} \cdot q_0 \cdot d(A) + 10\varepsilon_0 \cdot n^h \cdot q_0 = \\ &= n^{h+1} \cdot q_0 \cdot d(A) + 10 \cdot (d(A))^{-1/100} \cdot n^h \cdot q_0 \leq c_{26} \cdot q_0 \cdot n^{h+1} \cdot d(A). \end{aligned}$$

Combining (5.5) and (5.6) we obtain that

$$(5.7) \quad n^{h^2+2h+2} \geq c_{27} \cdot \frac{(d(A))^{h-200/100}}{q_0^{h+2}}$$

If  $\mu(A)$  is sufficiently large depending on the value of the threshold constant  $q_0$ , then by (5.7) we have (noting that  $h=300$ )

$$(5.8) \quad n = \max \{n_0, n_1, \dots, n_h\} \geq (d(A))^{10^{-5}}.$$

Let  $n_j = n = \max \{n_0, n_1, \dots, n_h\}$ . Then by (5.3) (let  $p_0=1$ )

$$(5.9) \quad \|n_j \cdot D_\beta \cdot \sqrt{p_j}\| \leq 10\varepsilon_0 \sqrt{p_j}.$$

Let

$$t = \left\lfloor \frac{1}{\frac{5\varepsilon_0}{n_j \sqrt{p_j}}} \right\rfloor \quad (\text{integral part}).$$

By (5.8) and (5.9) we have

$$\begin{aligned} (5.10) \quad \|t \cdot n_j \cdot \sqrt{p_j} \cdot D_\beta\| &\leq t \cdot 10\varepsilon_0 \sqrt{p_j} \leq \frac{1}{\frac{5\varepsilon_0}{n_j \sqrt{p_j}}} \cdot 10\varepsilon_0 \sqrt{p_j} = \\ &= \frac{2}{n_j} = \frac{2}{n} \leq 2(d(A))^{-10^{-5}} \leq \eta \end{aligned}$$

(in the last step we used the hypothesis of Lemma 4.1). Moreover, using the upper bound  $n_j \leq \frac{1}{10\varepsilon_0 \sqrt{p_j}}$ , we have

$$(5.11) \quad \frac{1}{5\varepsilon_0} \geq t \cdot n_j \sqrt{p_j} > \left( \frac{1}{\frac{5\varepsilon_0}{n_j \sqrt{p_j}}} - 1 \right) n_j \sqrt{p_j} \geq \frac{1}{5\varepsilon_0} - \frac{1}{10\varepsilon_0} = \frac{1}{10\varepsilon_0}.$$

Since the prime number  $p_j$  satisfies the congruence relation  $p_j \equiv 1 \pmod{4}$ , by a classical theorem of Fermat we obtain the following representation of  $p_j$ :

$$p_j = a^2 + b^2, \quad a, b \text{ integers.}$$

Choosing  $k = t \cdot n_j \cdot a$  and  $l = t \cdot n_j \cdot b$ , (5.2) follows from (5.10) and (5.11).

Now we are ready to complete the proof of Lemma 4.1. Let  $k_1 = k_1(\beta)$  and  $l_1 = l_1(\beta)$  denote integers satisfying (5.2). We have  $M_{\beta, \mathbf{v}}^+ = M_{\beta, 0}^+ + \mathbf{v} \cdot \mathbf{e}(\beta)$  where  $\mathbf{e}(\beta) = (\cos \beta, \sin \beta)$ . Therefore, a little calculation gives that

$$(5.12) \quad \mu\{\mathbf{v} \in \mathbb{R}^2: |\mathbf{v}| \leq 1 \text{ and } \eta \leq \{(k_1^2 + l_1^2)^{1/2} \cdot M_{\beta, \mathbf{v}}^+\} \leq 2\eta\} > \eta.$$

Since  $D_\beta = M_{\beta, \mathbf{v}}^+ - M_{\beta, \mathbf{v}}^-$ , from (5.2) it follows that

$$\begin{aligned} (5.13) \quad \{\mathbf{v} \in \mathbb{R}^2: |\mathbf{v}| \leq 1 \text{ and } \eta \leq \{(k_1^2 + l_1^2)^{1/2} \cdot M_{\beta, \mathbf{v}}^+\} \leq 2\eta\} = \\ = \{\mathbf{v} \in \mathbb{R}^2: |\mathbf{v}| \leq 1, \eta \leq \{(k_1^2 + l_1^2)^{1/2} \cdot M_{\beta, \mathbf{v}}^+\} \leq 2\eta \text{ and } \\ \|(k_1^2 + l_1^2)^{1/2} \cdot M_{\beta, \mathbf{v}}^-\| \leq 3\eta\} \subseteq V(\beta). \end{aligned}$$

Lemma 4.1 immediately follows from (5.12) and (5.13). ■

It remains to prove Lemma 4.2. The forthcoming Part II of this paper will contain the long and technical proof of Lemma 4.2.

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